

Risk Assessment: Kayaking and SOTs (Special Needs)

Hazards and	Who could be effected	Existing Control Measures (please specify if present)	Risk Level			Complete by (name)
			Low	Med	High	
Walkway and Pontoon Slips, trips and falls	Participants and instructional staff	<p>Instructor to advise the students that slipway and wooden pontoons can be slippery when wet</p> <p>Instructor to monitor students when walking on the walkway pontoon and slipway</p> <p>Instructors to advise participants not to run around the site</p>	✓			Chris Beal
Foreign substances/objects next to session area – Poisoning from ingestion, inhalation or lacerations of the same	Participants and instructional staff	<p>Session area checked prior to arrival of groups.</p> <p>Participants warned of dangers of picking up unnatural objects. To wash hands on returning from session, Footwear to be worn at all times while on</p>	✓			Chris Beal

		session				
Lifting kayaks – Injury to backs and muscles etc.	Instructional staff	All instructors are to use correct manual manualing techniques at all time to be aware of the dangers of lifting and carrying the boats. Using correct manual handling to be used at all time. Instructors are to read and be familiar of the B.C.U. Injury Prevention in Paddle sports Scheme (CB 574 04/06/98)	✓			Chris Beal
Falling in the water – Drowning/Hypothermia	Participants and instructional staff	Group and instructors are supplied with wetsuits, dry-cags and approved and tested personal buoyancy Instructors hold an appropriate qualification in First Aid		✓		Chris Beal
Falling over a kayak/paddles – Injury due to impact with the equipment	Participants and instructional staff	All participants are to wear safety and personal protective equipment	✓			Chris Beal
Capsize – Entrapment	Participants and instructional staff	All participants are to wear safety and personal		✓		Chris Beal

		<p>protective equipment. All instructors are to be aware of entrapment and what to do in the event of an entrapment.</p> <p>Guests are trained in the proper use of spraydecks, before going on the water</p> <p>Sudents not able to understand instruction are not allowed in close cockpit craft</p>				
<p>Weather extremes – Exposure/ hypothermia/ hyperthermia/ heatstroke/ sunburn and other associated conditions</p>	<p>Participants and instructional staff</p>	<p>Instructors to check weather forecast prior to the start of the session/trip. It must be ensured that all participants have the appropriate protective clothing for prevailing conditions. Spare clothing, thermal blankets and survival bags are available from the lead instructor.</p> <p>In the case of exceptionally hot weather drinking water is carried on session, and dispensed at various intervals. Instructors are constantly monitoring the group's condition</p>	<p>✓</p>			<p>Chris Beal</p>
<p>Handling of the paddle – Injury due to impact with</p>	<p>Participants and instructional staff</p>	<p>All participants are to wear safety and personal</p>	<p>✓</p>			<p>Chris Beal</p>

the paddle		protective equipment				
Other water users –	Participants and instructional staff	Instructors are to be aware of the danger of other water users and to be vigilant throughout the duration of the session	✓			Chris Beal
Animals – Injuries caused by animal attack	Participants and instructional staff	Keep the group away from wildlife	✓			Chris Beal
All of above	Participants and instructional staff	Instructors continually reassessing risks whilst water sports activities are ongoing	✓			Chris Beal

Written by:

Chris Beal

Activities Director

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